

Charter Oak Recovery Center – Weekly Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00 - 8:00 AA Meeting	7:00 - 8:00 AA Meeting	7:00 - 8:00 AA Meeting	7:00 - 8:00 AA Meeting	7:00 - 8:00 AA Meeting	7:00 - 8:00 AA Meeting	7:00 - 8:00 AA Meeting
Breakfast 8:05-8:45 Chores	Breakfast 8:05-8:45 Chores	Breakfast 8:05-8:45 Chores	Breakfast 8:05-8:45 Chores	Breakfast 8:05-8:45 Chores	Breakfast 8:05-8:45 Chores	Breakfast 8:05-8:45 Chores
10:00-11:30 Process Group	10:00-11:30 Process Group	10:00-11:30 Process Group	10:00-11:30 Process Group	10:00-11:30 Process Group	10:00-11:30 Process Group	10:00-11:15 Process Group
11:50 Lunch	11:50 Lunch	11:50 Lunch	11:50 Lunch	11:50 Lunch	11:50 Lunch	11:50 Lunch
1:00-2:00 Education Group	1:00-2:00 Education Group	1:00-2:00 Education Group	1:00-2:00 Education Group	1:00-2:00 Education Group	1:00-2:00 Family Education Group	1:00-4:30 Family Visit Free Time
2:05 - 3:00 Store/gym	2:05 - 3:00 Store/gym	2:05 - 3:00 Store/gym	2:05 - 3:00 Store/gym	2:05 - 3:00 Store/gym	2:00-4:30 Family Visit Free Time	2:00-4:30 Family Visit Free Time
3:30 - 4:30 Lifeline	3:30 - 4:30 Lifeline	3:30 - 4:30 Lifeline	3:30 - 4:30 Lifeline	3:30 - 4:30 Lifeline	3:00-4:30 Family Visit	4:00-4:55 Aftercare
4:55 Dinner	4:55 Dinner	4:55 Dinner	4:55 Dinner	4:55 Dinner	4:55 Dinner	4:55 Dinner
5:30-7:00 Free Time Writing Time	5:30-7:00 Free Time Writing Time	5:30-7:30 Free Time Writing Time	5:30-6:30 Free Time Writing Time	5:30-6:30 Free Time Writing Time	5:30-6:30 Free Time Writing Time	5:30-7:00 Free Time Writing Time
On/Off Campus Meeting Varies 8:00-9:00 Monday Night Live	7:00-8:00 Multi Family Mtg. 8:00-9:30 Visiting	8:30-9:30 Alumni Meeting	On Campus Meeting Varies Cocaine Anonymous 8:00-9:00	6:30-8:00 Book Study	On/Off Campus Meeting Varies NA Meeting 7:00-8:30	On/Off Campus Meeting Varies AA Meeting 8:00-9:30
10:00 Wrap Up Group MEDS	10:00 Wrap Up Group MEDS	10:00 Wrap Up Group MEDS	10:00 Wrap Up Group MEDS	10:00 Wrap Up Group MEDS	10:30 Wrap Up Group MEDS	10:00 Wrap Up Group MEDS
11:00 Lights Out	11:00 Lights Out	11:00 Lights Out	11:00 Lights Out	11:00 Lights Out	11:00 Lights Out	11:00 Lights Out