

## Packing for Your Stay at Charter Oak Recovery Center (RTC)

*Please note that our RTC guidelines are less restrictive than the hospital guidelines. If you will be receiving mental health or chemical dependency services at Aurora Charter Oak Hospital, please see the hospital guidelines in the lower section below.*

- Radios and TVs are prohibited.
- The use of cell phones and cameras is prohibited during treatment.
- No pornographic material or publications designed for sexual arousal, including magazines, videos or accessories are permitted.

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## Packing for Your Stay at Aurora Charter Oak Hospital

*We have established several guidelines to protect the safety of patients, staff and visitors to our hospital. Many of these guidelines are in response to state and federal laws and regulations.*

- Please let us know ahead of time if you have special needs, such as a C-PAP machine, oxygen, elevated head of bed, egg crate or air mattress, or incontinence supplies.
- Please bring comfortable clothing. We suggest comfortable, slip-on shoes or slippers with no laces.
- Jacket or sweatshirt without strings.
- No revealing clothing (e.g., spaghetti straps, bare midriffs, short skirts or shorts).
- No strings or inappropriate shirt logos.
- No sharp metal accents on clothing.
- No alcohol ingredients, no glass containers or mirrors.
- No jewelry (including body piercings).
- No electronic equipment, iPods, or musical instruments.
- No alcohol or any drug related paraphernalia.
- No sharp objects such as mirrors, needles, pins, aluminum cans, spiral notebooks, keys, makeup pencil sharpeners, or any item with sharp edges or which could be broken to create sharp edges. Razors or glass bottled toiletries must be centrally stored in clinical staff office and checked out and in when in use.
- Small electronic devices such as blow dryers, electric razors or curling irons must be centrally stored in clinical staff office and checked in and out when in use.
- No matches or lighters, aerosol cans or fireworks of any kind.
- No TVs, stereos, video games, CD players/recorders, computers, pagers, or cell phones.
- No magazines, books, pictures or clothing items depicting drug or alcohol use, violence, racism, gangs, sexual situations or activities, or otherwise potentially offensive material.
- Cameras, camcorders or any other type of audio or visual recording device.
- Weapons of any kind, candles or incense, plastic bags.
- Other items deemed inappropriate or dangerous by our clinical staff