

# TAKE THE







# STEP

## TO WELLNESS

#### ASK US ABOUT OUTPATIENT PROGRAMS



### **OUTPATIENT PROGRAMS AVAILABLE AT AURORA CHARTER OAK HOSPITAL**

#### 1161 E. Covina Blvd. Covina, CA 91724 Phone: 800-654-2673 Fax: 626-722-5095

**On Campus Programs: Mental Health & Chemical Dependency Tracks** PHP (Partial Hospitalization Program) Monday—Friday, 9:30AM – to 1:50PM Includes: 4 cognitive therapy groups per day with therapist, visit with psychiatrist once a week, breakfast & lunch.

IOP (Intensive Outpatient Program) any 3 days per week (M—F), 9:30AM—12:30PM Includes: 3 cognitive therapy groups per day with therapist, visit with psychiatrist once a month, breakfast & lunch.

All programs include nursing, medication and case management support.

Transportation available within wide area. Medicare and private insurance plans accepted.

**Telehealth Programs** via Zoom Mental Health IOP: T, Th, F 9:30AM—12:30PM **CD IOP:** M, W, F 9:30AM—12:30PM **CD PHP:** M—F 9:30AM—1:50PM



**Evening CD IOP**: M, W, F 6:00PM—9:00PM (dinner included, no transportation available)

Any Questions Please Call:

Alicia Rivera @ 626-859-5289 or Shawna Lane @ 626-859-5269

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